Involvement is the key to leadership

Once there lived a Zen master named Bei Shirui. The master was young and had a big group of disciples. Xue Shuntuo is one the best disciple of the whole group. Xue use to spend most of his time serving his master. As the days passed by, Xue became as disciplined as his master. Once he felt that he is as good as his disciple, but wondered why he is not respected like his master.

Xue's question kept on pestering him for long. One day he decided to ask his master about this. When all the day's proceedings were over and the master was about to go to sleep, Xue asked his master - "Master! I have a question, can I ask?" The master replied - "go ahead Xue". And Xue asked - "From the dawn to dusk I'm there with you and do all the work as you, some times more than what you do. And what differentiates me from you?"

The master laughed and replied - "Xue, the answer is very simple - when I pray, I pray, when I eat, I eat, when I listen, I listen" and Xue thanked his master and continued his work. Those involve 100% are the masters. Those who never involve remain as student. So, Involvement is the key to leadership

World around us is created in a holistic way. It has variety, balance and interdependency. From the roots to the fruits, there is a holistic connection in construction present in a tree. There is a cause and effect principle operating too. When holistic involvement acts in pattern, we have the result - the fruit. Similarly our actions must be supported by emotions and feelings to perform an activity. Such emotions and feelings must be certified by our intellect, the discriminating faculty for its connectedness to our purpose. With combined activities for actions through the body, feeling from the mind with support of the intellect discriminating for the best way a job is done perfectly, we get the best result.

Where is our mind when we brush our teeth? Where is our mind when some one is talking to us? Are we there attentively behind every actions of ours? If I can focus well on what I do and perform that work with dedicated attention of doing it to its perfection, the fruit of peace and happiness emerges for certain.

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